

# Broken Branches

Issue 50

Feb/Mar 2006

John 15

*"Take courage! God has healing in store for you; so take courage" (Tb. 5:10)*

## Welcome to 2006

Hello to my wonderful friends and welcome to 2006. I hope for all of us a year filled with many graces. As we start this new year please pray that this work continues. It is a work of grace to heal and bring peace to women (and some men) who have sorrowed over a mistake made at a certain moment of their lives. In some cases the mistake has governed all their actions and has caused them to have a life not really lived. A life at odds with the way it was meant to be.

I hope for your support again this year. I hope you continue to think that this work in the area of grief is worthy of your support.

## New Zealand Study

In Mid January 2006 the pro life cause was handed a fantastic tool for fighting the abortion scourge. It was handed a study carried out in New Zealand, by a Prof. David Fergusson and colleagues a publicly avowed non believer, and still a pro choicer.

The results of this study should have had all of

us and especially post abortive men and women, up in arms. It should have had the media "on my side for a change."

Yet true to form, a study of this magnitude, showing the damage that abortion does to women still managed to be suppressed after 2 days. It became a non event and disappeared from any media. The small whimper was not even enough to ensure at least three days of notice. Instead the tennis and cricket and terrorism continued. But again we women were found to be not important. The mental health of women really is not that important to society.

It was good to see the results of this study carried out in our end of the world (New Zealand). For myself it was not surprising, doing the work that I do, I know that abortion deeply wounds women whether they choose to accept that or not.

The study reveals (as I see all the time) that women who abort have a higher risk of mental health problems (the most common being depression, anxiety, substance abuse) than those women who choose to continue with the pregnancy. This is contrary to those who would say that abortion is 'empowering' is 'self affirming' What rubbish! a woman taking her

A newsletter of Victims of Abortion

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I **would/would not** like to be on your mailing list.

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child to be killed and to believe that this is affirming. What utter nonsense.

Post abortion trauma, grief, distress have been known about for nigh on 30 years however, because of the political nature of the topic, those who experience the negative effects of abortion are not being heard. The media, the personalities, pandering to the whims of the pro abortion lobby, the pro choice lobby, the loud feminazzi, is cowed into silence.

It was also very interesting to observe how quickly the knives came out against this very secular study. I stress the secular nature of the study and its author (Prof D Fergusson) because often the pro aborts will cite the religious background of anyone who disagrees with their views.

For me the most idiotic comments made were from the College of Obstetricians and Gynecologists who said "there is mainly improvement in psychological wellbeing in the short term after termination of pregnancy." Doh... How smart of them. Of course there would be relief in the immediate time following the abortion because all the perceived difficulties that the pregnancy may have brought have suddenly been removed. The

boyfriend who "would leave me if I don't do it" the husband who "would leave me because I have to work to help pay mortgage before we have children". The father/mother who "would kill me because "I am not supposed to be having sex." "My career which would be interrupted and maybe even destroyed." "My other children who would have to wear cheaper brand of runners and not the \$200 a pair ones" (true story, one mother aborted her fourth child because she wouldn't be able to afford the things her early teenagers were asking for and she needed to continue to work.)

Of course the immediate response to abortion is generally relief. But this relief is only short lived. And no woman or man is able to control his/her own subconscious and this has a way of making itself felt. It causes unease.

No woman is able to control her conscience and her heart and in a short time emotions begin to wreak havoc on those who aborted for a pair of runners, or a job, or a boyfriend or even parents. Parents who force their child to abort create in that child a barrier to their relationship (see Maree's letter). What upset me about the comment from the college of obstetricians and gynecologists is that they are the ones who are meant to look after pregnant

"Abortion is the ultimate lie"

women and their children and not become embroiled in political talk and opinion about terminations. Obstetricians and gynecologists are meant to defend both mother and child, together, as two separate patients and not add to the flame of abortion. Further still, I would have imagined that they might have understood that the "feel good" after the abortion is short lived. So much for all their studies!!

It is very interesting to speak with women about their number of surgeries and removals of pain creating injuries, growths, illnesses and not one of them is wounded that a tumor is removed. Or a carcinoma is removed. Or appendicitis is removed. There is no grief about the removal of something which causes pain. There is no psychological or spiritual trauma associated with removal of something alien to the body. Yet there is lifelong grief and silent anguish when the "blob of tissue" that

was her baby is removed. How come this so called "blob of tissue" can cause lifelong grief? Because a woman knows that when she is pregnant she is carrying a baby. Not tissue but a baby in its earliest stage of formation.

There is an innate knowledge that a woman has which is connected to her being known as the mother of... Indeed there used to be great honour attributed to that title... The Mother Of...

This knowledge is what causes mental health problems. Her spiritual difficulties. Her emotional meltdown.

This New Zealand study ultimately confirmed the many other studies which have shown the same result. Recently the Chinese media has reported a sharp increase (40%) in breast cancer in women...How not surprising with their one child policy and abortions *ad nauseum*.

*"Abortion is not nor will it ever be empowering"*

Another study (Elliott Institute,) found women's suicide rates highest after abortion. In another study (Elliot Institute) found a strong link between abortion and substance abuse.

There is the abortion breast cancer connection. The abortion child abuse connection. What does it take! The woman has not inscribed within her design a button to press, labelled "abortion." Indeed it is quite the opposite. Inscribed is her need to protect the one that she is covenanted to protect. That is why

when abortion/s is present in the life of the woman, then her psychological wellbeing is challenged. Her "glasses" are no longer rose coloured but have a perpetual fog covering them so that she cannot see clearly.

Abortion is not, nor will it ever be empowering. That is the lie spoken into her essence and it is this untruth which she believes and models her life after its fashion. ***Abortion Is the Ultimate Lie*** that's why it is never life enhancing.

## RU486

A lot has been written recently about RU486 (contraceptive pill) both in secular and religious and other media. RU486 is another more sophisticated type of abortion. Can you see how sophisticated we have become in terminating life? This pill taken according to instructions in a two stage plan will terminate the life of a child in its earliest stages of development up to 7 weeks gestation.

As I kept reading about this drug I kept thinking that we have entered into a new level of degeneration (for want of a better word), because this process of early abortion (carried out in two stages) actually asks the woman to take a pill, then return to doctor 2 days later for a second drug misoprostol (another chemical) which will expel her conception.

In theory what this is doing is asking the woman to decide the moment she takes the first pill, knowing that she has begun the process of killing her baby. Then wait several days and take more chemicals and wait for her conception (son or daughter because this is how they are seen later on) to be expelled. *The woman herself now takes matters into her own hands and performs the abortion.* This time there is no third person (abortionist) this time she kills her baby, by herself, waits till it is expelled and flushes it down the sewer.

One must ask what mind could conceive of such a horrific plan, except maybe a demonic mind. A mind that hates women, children, humanity.

RU486 is an all out assault on women and children and men. It needs to be rejected in all manner possible.

## Article

### TOXIC PILL - The Pill Is The No. 1 Carcinogen.

The World Health Organization has declared (Sun Herald 31/7/05 –article) with a heading of the article “The End of the Pill/Abortion Industry?” The WHO has reclassified the combined oestrogen-progesterone contraceptive pill and HRT as GROUP 1 CARCINOGEN substances known to cause cancer. This is the same status as nicotine and asbestos (recorded in the Sun Herald July 31, 2005).

Abortion increases the risk of breast cancer which women should also be informed about (see Prof. Joel Brind, President of the Breast Cancer Prevention Institute Nov. 2005 ) <http://www.bcpinstitute.org> .

Professor Janet Daling from the University of Washington, in Seattle states “women who had their first induced abortion before the age of 18 increased their abrest cancer risk by 150% while women who had an abortion after the age of 30 increase their risk by 110% (The Australian 23/11/94, see [www.abortionbreastcancer.com](http://www.abortionbreastcancer.com))

Forewarned is to be forearmed, so that women who fall into the category of abortive women can maintain vigilance with mammograms and MRIs and in this way please God, their lives will

# Congratulations

*I want to say thank you and congratulations to my parish priest Fr Brendan Dillon. We are fast off the mark to criticise our priests for whatever we think are their shortcomings but not so fast in thanking them, so I am publicly thanking him.*

*Recently, after the execution of the young man in Singapore Van Nguyen, Fr Brendan gave the most amazing and strong pro life homily that I have heard. The Sunday following the tragic execution Fr Brendan spoke about our hypocrisy. He mentioned with sadness the death of the young man but he also was able to relate this to the death of "up to 100,000 babies in their mothers wombs" He was so strong in that homily that it was surely inspired and he received a rousing ovation. Whilst he held the life of the executed young man in reverence, he also cited the executions in America and all around the world.*

*And he continued that if we are truly people of life we should protest not only for this Australian young man, but also for those others in other countries who still execute human life. We should protest at the slaughter of the innocents in their mothers wombs, we should protest at all anti life activities. He was dynamite.*

*Thank you Fr Brendan. You are wonderful.*

*And a special thank you also to Fr Adrian Head (South Australia) for his magnificent pro life activities and homilies and talks. I love it when I hear these things because its important to women to believe that they are supported by their priests.*

*It saddens me when I am told that a certain Father so and so "didn't care for my pain, and he told me before the abortion that whatever decision I made God would forgive me I felt so cheated because I expected him to tell me what God would think about my abortion" (Janet)*

*So when I hear about the wonderful pro life work of priests I am heartened and have hope.*

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be saved.

Women have successfully sued for increased breast cancer risk, following abortion (because they were not informed by their GP or abortion provider of the increased risk and no check of family history of breast cancer made) in Victoria and in 2005 in America (e.g Judge Dale Koch dooms abortion industry to bankruptcy). On 24/1/2005 in a legal victory as the medical doctor at the All Women's Health Service Clinic, Portland Oregon was successfully sued for failure to fulfil their duty of care, and the plaintiff suffered an increased risk of breast cancer, severe and debilitating emotional injury, pain and suffering, physical and emotional trauma and psychological damage.

The oral contraceptive pill, is an abortifacient, which means that it causes abortions (See John Wilkes, Pharmacist's book "The Pill" 3<sup>rd</sup> edition February 2000, with a foreword by Dr Bernard Nathanson MD) Dr Nathanson was an abortionist who has now recanted and is pro life. Mr Wilks' book re-affirms that the pill acts in part "by preventing implantation of fertilized egg in the uterus" thus it allows conception but not implementation and can rightly be called an abortifacient. (causes chemical abortion), as it's the precise biological description for any drug or device that employs a post conception action" (see [bpharm@ozemail.com.au](mailto:bpharm@ozemail.com.au)).

Given that "the pill" can cause cancer, and chemical abortion, and abortion itself can cause cancer, as well as loss of babies lives, it is vital to stop using the pill, and stop abortions to save not only babies lives but the lives of their mothers. "choose life that you and your descendents may live" (Dt 30:19) The

healthiest way is to be chaste before marriage and fidelity after marriage. Marriage allows natural family planning as set out by the Church. Help increase Australia's birth-rate and heritage-be open to life. Life IS beautiful. Women have a right to know the truth and to save their lives.

Sally O'Grady.  
(Occupational Therapist).

***Thank you Sally for this article. I have published it here because I know Sally and how supportive of life she is and also because she is passionate about life matters and the welfare of women and their babies.***

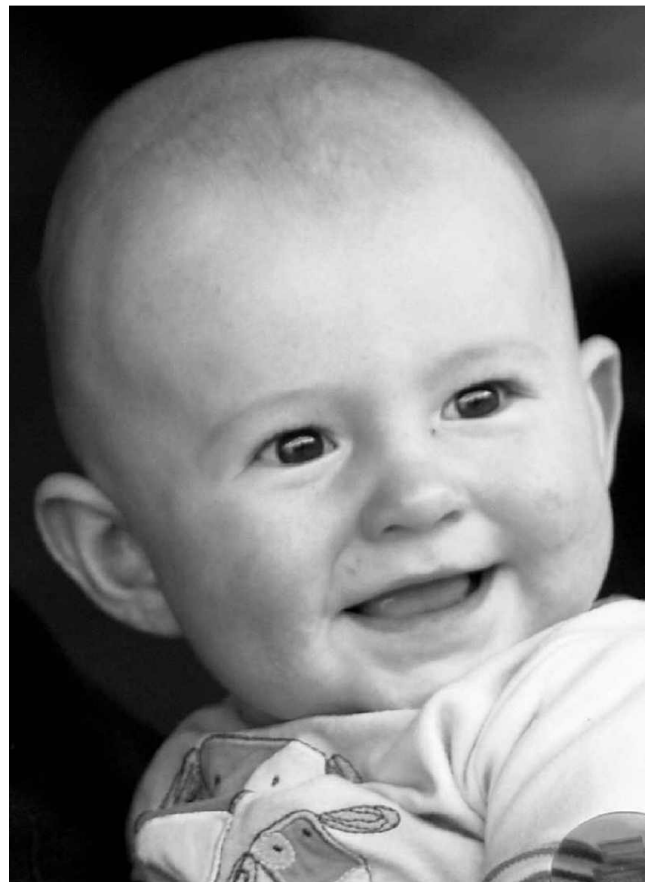
*"the oral contraceptive pill is an abortifacient which means it causes abortion"*

## Baby Bryce

In the last issue of the newsletter I spoke about the birth of 3 babies in the year 2005 and one pending.

One of the babies I told you about is baby Bryce and as good fortune would have it his beautiful mother (Sophia – issue 41) sent me this picture over Christmas. I have her permission to introduce him to you. I thought you might like to see him.

I take great pleasure in his beautiful life because I know that he is here with us because I (together with the Lord) was able to help his mum. Please pray for Bryce and his family because he is such a beautiful gift to us all.



*Isn't he gorgeous!*

# Letters

## Love Grace Hope & Forgiveness

Well it has been 9 months since dear Fr Gabriel and Franciscan brothers bestowed upon our family the great blessing of a Mass for my two darling daughters Rachel & Sarah. What a blessing upon us this has been.

Since then I have started a rosary group a Cenacle of Prayer with the Immaculate Heart of Mary in thanks for the great mercy, Jesus has shown me.

Before seeing Anne, I saw my family often, but felt estranged from them especially my dear mother who I blamed for my abortion experience. Now we have reconciled and I have a deep love for her and my family and with this has come the joining back of my father into the church and to devotion to Our Lady. I have experienced the great healing which comes with real forgiveness. I have experienced peace after 30 years of post abortion suffering. Our family is happy and together again and my parents are at peace

also. During rosary prayer, I have experienced a beautiful inner "seeing" of my daughters Rachel and Sarah in the company of our dear heavenly mother and our heavenly Father. Thank you Jesus, Our Lady and the angels and saints who still care and watch over us.

Of course Anne led us to these blessings and I have no doubt that Our Lord Jesus will one day greet her with "well done good and faithful servant enter into eternal joy."

Love, grace, hope, peace, forgiveness now walk with me and my whole family.

Maree

Thank you darling Maree. It is good to be at peace and it is wonderful that the whole family has experienced the love and Mercy of God. We know what forgiveness is when we can see it spreading and having the ripple effect. Genuine peace and forgiveness wants to touch others.

As I come to end of this newsletter, I take the opportunity to thank all those who sent me cards and gifts for Christmas. I thank you sincerely.

As far as room for counselling is concerned, I have taken a lease for a small room in the heart of Melbourne city. I have purposely chosen the heart of the city because it will be easier for transport. It is near the Train station (one block away) and all my women (if they want to) will be able to come by public transport and I will also go in by public transport (train). I have so many parking tickets where I had previously had the office, that the city of Melbourne sends me their newsletter at home!! This way they might forget me.

I have taken a lease for only 12 months, to see if it works. If it doesn't work then I can re assess situation. It is commercial rent \$150pw but it was the cheapest I could find.. I hope I can count on your support this year.

Please continue to pray for Nicholas (not much has changed) and please also continue to pray for Melissa, Jodie, Carlie, Marie, Adam, Susan, Sally,(1) Sally (2), Hamish (lots) Andrea (1) Andrea (2) Anonie, Catherine, Cindy, Tori, Jack, JulieAnn, Diane, Marc, Angela, Fran, Darren,

Rita, Greg, Marle, Ben, Judith, Jacinta, (new) Brenda,(new) Jaquie (new), Clare (new) Irene (new). Please also pray for a Johanna (cancer). Stephanie (new), Narelle (new) Libby (new).

As you can see by the new people I did not really have much of a break. Your prayers are really needed both for me and the girls. For me so that I don't lose confidence regarding the decision for the room.

I would like to thank my son Lucas for designing a new newsletter format. The only problem being that his old mother finds new things difficult. I was so used to the other one I could do it in my sleep.

Luc (son number three) has just graduated from Monash University after six years with a double degree in design and engineering. We his family are very proud of him.

May the Lord bless and keep you.



**Anne Lastman**

**Broken Branches - Back Issue Request**

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