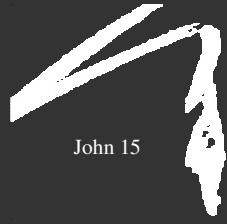


# BROKEN BRANCHES

Issue 84

Oct/Nov 2011



John 15

“Take courage! God has healing in store for you; so take courage” (Tb. 5:10)

## New Study Finds Abortion Increases Risk of Severe Mental Health Problems By 81%

Another new study published this month in the British Journal of Psychiatry has convincingly found yet again that women who undergo an abortion have much greater risk of mental health problems. A meta analysis of 22 studies was undertaken again (excluding smaller studies and those inconclusive) and yet again it was found that abortion is associated with moderate to highly increased risk of psychological problems subsequent to the procedure (P183).

Women who underwent an abortion experienced an increased (81%) risk of mental health problems. The study also found that overall *10% of all women's mental health problems are linked to their abortion experience.* Imagine 10% of all mental health difficulties of women directly linked to abortion.

In Australia over a million abortions over the past ten years! Just ten years only and not even going further back to 16 years ago when I first entered into this milieu. 10% of all mental health issues of women, depression, suicide, suicide ideation, severe post natal depression, anxiety etc all directly linked to abortion. Over 100,000 women affected by abortion and not even looking at the effects on men, other siblings, grandparents and society. Imagine the pain which exists in our society.

And then of course the American Psychological Association and its confreres, that is the pro choice, pro abortion lobby proudly, declare that a single abortion will cause no harm. And abortion declared a “right” and legal?

Imagine nations legislating pain for its female citizens! That is what we have done. And I believe that the harm done by abortion will be seen in its totality in the not distant future.

This is the largest study on this topic undertaken so far with 877,181 participants out of which 163,831 had had an abortion. This study took care to avoid all data which could lead to the mantra of “bias” by its very stringent criteria for inclusion/exclusion of previous studies and participants and pre existing mental health issues.

Professor Priscilla K Coleman who has done many other studies into this topic of mental health issues connected with abortion presents the most comprehensive study to date.

According to Professor Coleman this study was carried out in order to be able to offer best and most valid information to those seeking abortion and for women to clearly make informed decisions.

This research showed some astonishing figures with **34%** increase risk for anxiety disorder (e.g. OCD, panic attacks, bipolar, mood disorders etc) **37%** greater risk of depression, sadness, uncontrollable weeping, “absences” loss of concentration, loss of joy of life, etc).

**110%** greater risk of alcohol abuse (leading to all manner of other self abuse which comes with alcohol abuse)

**220%** greater risk of marijuana use/abuse and I suspect other drugs of choice use and abuse, and prescription drug use and over abuse.

**155%** greater risk in attempting suicide and suicide ideation (persistent thinking suicide).

This is a new study not something dated 25 years ago. This is meta analysis using reputable studies by a reputable researchers without the “religious” mantra. This is a study that says please watch out, abortion seriously hurts women and men and babies and society. If it's the health of women we are all interested in,

Name \_\_\_\_\_

Address \_\_\_\_\_ P/C \_\_\_\_\_

Donation \_\_\_\_\_ I *would/would not* like to be on your mailing list.

Send to:

**Victims of Abortion, National Office**

PO Box 6094, Vermont South, Vic, 3133, Australia.

Email: [anne@victimsofabortion.com.au](mailto:anne@victimsofabortion.com.au)

then abortion is not the answer. It does not lend itself to good mental health of 50% of the earth's population. Women.

These results also say something, though not positive, about the American and other nations' Colleges of Obstetricians and Gynaecologists who have remained deathly silent on the topic of the mental health of their women patients and abortion. How appalling that those who are meant to care for women and their specific health matters remain silent because of the political nature of this topic.

How appalling that Medical Associations who are meant to be devoted to the care of women and babies have remained silent because "seats on university boards" will be lost and the feminist sisterhood will become upset, that the right to terminate the life of a child should be a "law?" The "sisterhood" have won the right to legally have children in womb killed, so that maybe they wouldn't feel so guilty? Why a law for that?

Abortion has always happened but why does today's woman need to be approved, funded and applauded for this?

How appalling that the medical profession whose motto is meant to be "first do no harm" remains silent and thus compliant with this abomination called "abortion."

This study further totally and completely puts paid to the pro choice voices which have called for liberalisation of abortion laws around the globe thus leading their "sisters" into territory of unrelenting pain. That is, the unrelenting pain behind the meaning of the term "abortion". The moment when this realisation comes (death of my baby) and that may take time, but it does come, then there is a pain unlike any other.

DSM-IV clearly states that trauma is more severe when the stressor is intentional. Abortion trauma, classified as a type of post traumatic stress disorder has as its main feature its intent, the death of an in utero child therefore it is an intentional stressor. Not accidental. Hence the severity of the guilt and the grief when the realisation comes of what was done.

I am reminded of the time I was at a London conference on Grief in Contemporary Society several years ago and asking a well recognised researcher would she be prepared to do an unbiased study on the issue of abortion and mental pain of women and she answered with a very firm "NO" When I asked her why? Her answer was "because the religious right would get the results and "run with them".

Well sweetie this religious "right" person, me, is running with them as hard as I can, anywhere I can. And the interesting part of this is that this study was carried out by a non religious researcher so I am free to "run" faster with them. As I have said earlier in this piece we have to yet see the abortion after effects on society.

We are just beginning to clearly see the wholesale changes to loss of respect for all life which have emerged since abortion gates were opened, including now the calls for euthanasia and the mental health issues including the grief of abortion because this can have, as a character, delayed development, so years, or even a mini generation may pass before its realised that it was an abortion many years earlier which has led to a life lived at odds with itself.

This is why abortion grief is at times slow developing or even missed as an issue and anti depressants used to calm the inner turmoil of a conscience or heartbreak at the loss of something but not realising quite what it was/is.

This study for those who have computers can be found here:

<http://bjp.rcpsych.org/content/199/3/180.abstract?sid=f3a640ac-1664-489e-9f34-2ecc688a6d52>

## Death Intentional

The essential difference between miscarriage and abortion is that the death of one infant could not be helped and very sadly it happened. The other (abortion) it was intentional. It need never have happened.

Human beings have inbuilt radar called conscience, this is the place where "my" inner being is able to speak with a higher inner being (God) and together we make right decisions. This is His domain. If I want to I can hear Him clearly here. But He speaks like a zephyr and not like a tornado.

Conscience, is a refined much more refined than what psychology calls the "superego" because conscience recognizes and acknowledges God and it is in this place where God speaks to His child. Whilst the "superego" of psychology appears to speak or warn of right and wrong it does not know why but perhaps something learned from parents or others. Conscience

speaks of refined reason for not doing a wrong and so the more refined a conscience the more “right” and Godly judgement made.

And thus it is at this level where pain of abortion begins because something in the “inner me” knows that the judgement was wrong and like Adam in the Garden hides behind words and actions for fear of being found out that I had no right to do what I did.

That “I” had no right to destroy another “I” who was also gifted with own “conscience” and that meant that God had dreamt of speaking with that created new “I” in that place where God had designated to speak with him/her. Abortion is not an accident,, but intentional and the conscience cannot “rest” in this place of untruth and lie.

Abortions, as with any type of violent death, actually violates and demeans the value of life and slowly changes the meaning that basic human assumption is that human life and its value are non

negotiable. They cannot be negotiated for any price.

Abortion, unlike unintentional death, remains a close relative of the “death of Abel”

## Riots

We have two generations which somehow have “lost it” and there are two things I can attribute this to. First the post war generation which were disenfranchised, dislocated, migrants, who had lost of sense of stability, family, community, and the rituals of that community and security of life. Then the generations after that (my generation - earliest 60ish) children of

migrants who had to work hard to do better than the non migrants because otherwise we would not fit in. (I’m a migrant Italian who was persona non grata in late 50s 60s Australia). So I had to work harder just to live.

Then the pill came along and opened wide doors for the sexual revolution and linked this with drug culture. This time of noise, protests, confusion and loud music and slow incoming changes in other ways slithered also through into society because of the chaos of the times. “Church” now seemed to be less important to this generation and the tenets of faith slowly began to be challenged by dissenters or simply ignored.

Then we had Vatican II which was the voice of the Holy Spirit in our day but it was rejected even by the catholic population of my day. This generation did not want to have the number of children my mum’s generation had. We wanted to work and advance our status and be better than the oldies. Then there was the division between the priests, those who tried to understand Humane Vitae and remain faithful, and those who loudly rejected not only Humane Vitae but began to challenge the most basic tenets of our

faith, caused a breach within catholic society. And there was even railing against the Holy Father and the Church.

Today we can look back and see that the document Humane Vitae was one of the most prophetic in our times and for this reason so rejected much and so much ignored Today those who spoke out against it and urged others to do so also should hang their heads in shame. Humane Vitae spoke of life its rejection has led to anti life.

Rejection of this document has led to wholesale marriage breakdown, holocaust dimension abortion, and acceptance of homosexuality, with demand now for homosexual marriage, and the culture of death which has emerged.

Rejection of Humane Vitae is responsible for the demand for legalisation of abortion and now same sex marriage. How?

Because Humane Vitae spoke out against contraception in marriage, and if contraception is what was wanted then when life was conceived unexpectedly it could be rejected because already there was the NO implanted in the psyche of woman.

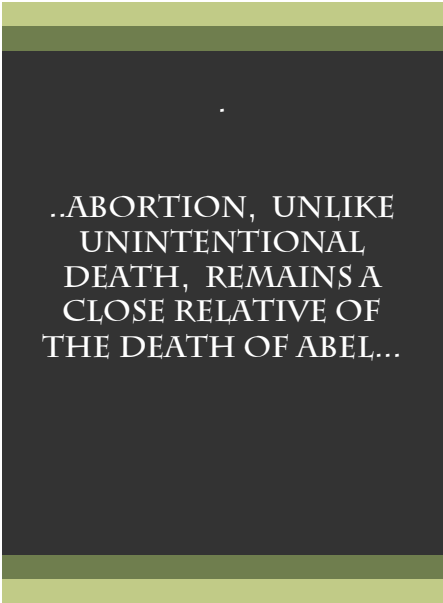
And if human life in marriage was to be rejected through contraception then why not homosexual marriage? After all, the conjugal act in hetero sexual love brings with it a whole new creation and if this is not wanted and barred, then of course the demands for other unities become possible and demandable. Heterosexual unions bring life which is not wanted, and aborted, so why not homosexual unities which are totally barren?

Personally I think to this day we have not understood Humane Vitae well. This was a word from the Holy Spirit to quell the

sexual revolution. It should not have been left to the priests to deal with this. It should have been picked up by strong laity (because this was the moment of the laity) and studied and practised and then talked out about (with guidance of course by priests and Bishops) with other laity. This was a document on human sexuality and not for celibate priests alone to deal with. This is why it has not fared so well. It would be like me talking about the celibacy of male priesthood. I can speak with head knowledge but not intuitive knowledge.

Getting this wrong led to sexual revolution which was fed by the pill, drugs of the day, and by television, movies, and now games, pornography etc. Now no restrictions or form of respect for life. It has led to abortion to full term. The contraception mentality which says NO to life eventually now leads to NO to all life especially smallest to weakest, disabled life, elderly, I am reminded of the 40 years (biblical generations) in exile before the Lord acts all throughout the Old Testament these are the patterns.

The riots in UK clearly showed a bestial debased mentality, tribal mentality, herd mentality. If you were to ask most of those rioters



..ABORTION, UNLIKE  
UNINTENTIONAL  
DEATH, REMAINS A  
CLOSE RELATIVE OF  
THE DEATH OF ABEL...

what they were rioting about, they likely wouldn't have known. Hence a return to tribal, primitive behaviour because there is not much finesse, not much "human" behaviour in those young. And why? Because, God, respect, life, honour, have been lost to something called "rights" without another thing called "responsibility" lost to something called care for another. Lost to a societal me-ism without the "I-Thou" recall.

To kill legally the smallest and the weakest and quite likely soon the elderly and incapacitated means that there is not much "humane" value left there to be had.

The Pill, contraception, abortion, drug culture, loud music culture, rebellious culture really did open the gates to some sort of hell here and we see the results of it daily in our lives and on the screens and in the lives of our children damaged by the fruits of that rebellion.

## Pregnancy Reductions Twins

In an extraordinary article read this past few days (though several weeks old) I read a story which really sent shivers down my spine and again showed clearly what we have done with life and how devalued it has become. This article found here UrbanBaby.com began with "As Jenny lay on the obstetricians table, she was grateful that the ultra sound tech had turned off the overhead screen. She didn't want to see the two shadows floating inside her."

You see Jenny and her husband had decided to reduce the two babies she was carrying in her womb, to one with the justification that she was 45 years old and already a mother and even though they had endured six years of fertility "bills, ovulation injections, donor eggs, and disappointment" and then the miracle of pregnancy happened and here she was at 14 weeks into the pregnancy *choosing* to abort one of the two healthy (foetuses-make this baby).

Why? (she continued) "Things might have been different if we hadn't had children already or if we were more financially secure" or young? Or *"if we had conceived these twins naturally, I wouldn't have reduced this pregnancy, because you feel like if there is a natural order then you don't want to disturb it. But we created this child in such an artificial manner-in a test tube, choosing a donor egg, having the embryo placed in me and somehow making a decision about how many to carry seemed to be just another choice. The pregnancy was all consumerish to begin with and this became yet another thing we could control*

The horror I felt as I kept reading this article overwhelmed me. The distance the disassociation, the business transaction type of thought. The void and emptiness of her words were so palpable. The words used by her "had decided to reduce the two babies" (babies said so blithely).

They had endured six years of "fertility bills, ovulations, injections, donor eggs (with its own ethical issues there) and disappointment" now choose to "reduce" one of the babies?. Terminate its life? "Fertility bills" which amount to thousands and thousands of dollars, and now reduce a child because they are not more financially secure?

Making this decision because the babies were created in an "artificial manner" in a test tube, choosing donor eggs and the

embryos placed inside of her? And after all of this...reduce one of the babies?

"Somehow making the decision about how many to carry seemed just another choice? Another ho hum moment? There is that word so beloved of the anti life people being used again anti life but in a different manner but still meaning death of baby in womb.

"The pregnancy was all consumerish to begin with and this became yet another thing we could control" A control issue, as usual with all abortions. A human child the new commodity to be bought/sold/demanded/disposed and above all not respected in its humanity.

Thanks to our "abortion mentality" and the mentality of the sisterhood, this is the type of thought, so callous, so distant that it has become possible to hear the words spoken over 3000 years ago "Can a woman forget her suckling child that she should have no compassion for the son of the womb?.(Isaiah 49:15) become a reality.

I tried to keep reading this but found I couldn't keep going. It was all about what "Jenny" wanted, could cope with, and her ideas of her perfect world which a twin or an extra child would disturb, even though she had manipulated nature to get this child. Her reasoning continued thus, "even the twins would be robbed because even at best she could only give each child only half of her attention and only half of her love" What pathetic thought that a mother can "love" only one child at a time. Jenny wanted another child on her own terms but not at the risk of becoming a bad mother.....to kill her other baby (the wanted one's twin) is the act of a good mother? It must be the new type of thought which hasn't reached me yet.

So to be a good mother she takes in her 14 week healthy infant and have it aborted because there was not enough love to go around?

The "reduction" of the second twin "is bad" but not nearly as bad as not giving her all to the other children. So giving the other children another sibling would have been bad? For whom? What lunacy is this thought?

As I said I couldn't continue reading so if you want to read the whole stories please go to the link, but I am not surprised with any of this.

Opening up the ART/IVF has opened up another miasma of problems and suffering and in stories like this we can see clearly some of them. Reductions and multiple reductions of viable embryos simply means aborting the babies not wanted by the parents. It means disposal of those created infants as something like trash. The foetal reduction in this story was another abortion because it didn't suit the parent's specifications. No different than the stories of abortion because my boyfriend, husband, parents, career interfered.

*I have said many a time EVE (woman) is not well. Really not well and until she recovers we are not going to see better and definitely will see even much worse.*

It was reported that the remaining child would be born in December. What an Epitaph!

This story found here:

<http://www.urbanbaby.com/talk/posts/52114621>

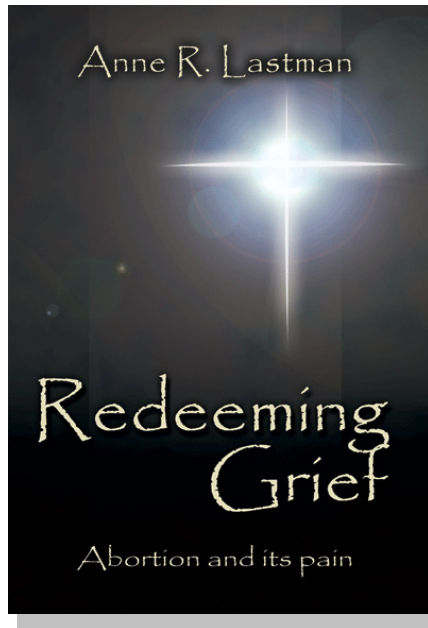
## DVD on Abortion Law Reform

A friend (thanks Bill) recently sent me a short DVD of the main players in the abortion law reform project several years ago. I must admit its old but I had never seen it and young Bill thought it would be good to have a listen to the women talking about their experience and their work and their methodology used to get through the new abortion laws. To decriminalise abortion. And to legalise the killing of in utero babes to 40 weeks.

As I sat through this 10 minute piece I couldn't believe the subterfuge the stealth, the unity of purpose behind the women gathered together to pass a law that says that they and others can freely take their unborn child to be killed.

"Dr" Jo Wainer (abortionist) actually says she cried when it happened at last. Former parliamentarian Joan Kirner a prime mover in this was cold as steel. Susie Allanson Psychologist employed by Fertility Control Clinic, begun by Jo Wainer's husband the late Bertram Wainer, was beside herself with joy that at last it legal and all the other players in this venture. It is difficult to imagine that such women exist.

One of the women said that at last they felt that women can now be seen as fully human. Who saw them as less human before? Or as a criminal? How many women were charged and imprisoned. How many abortionists? What a con! Because now they can make up their own mind when to have children? Before the law to abort to 40 weeks they couldn't make up their minds when to have



**Redeeming Grief** is a reflection of and study of abortion grief, which is experienced by some women who choose to undergo this elective procedure. These reflections are the result of listening to over 1000 personal stories and listening to the expressions used by the women as they spoke about their decision to abort the life of their child. These reflections then attempt to reconstruct the meaning that this procedure has had for the aborting woman and how this one procedure has been the catalyst for life changes.

**Redeeming Grief** looks at abortion trauma and grief from the spiritual and the psychological perspective. Its influences on the individuals involved and society. It is hoped that the language used is reader friendly and the concepts (both spiritual and psychological) are also reader friendly.

**AUD\$29.95 (inc GST)**

Plus postage and handling

To order your copy of Redeeming Grief, please complete this order form, detach, and send with Cash, Cheque or Money Order to:

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PO Box 6094,  
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their children? It needed the law to tell them that they could make up their minds?

They speak about having children and killing babies all in one breath. How can that happen?

One of the women said that many women suffered because they could not find safe place for abortion and they felt like criminals. Their own words convict them. This piece of “\*\*\*\*\* Propaganda” is put out by Women’s Health Victoria.

<http://whv.org.au/publications-resources/publications-resources-by-topic/post/it-s-about-choice-the-victorian-abortion-law-reform-story-dvd/>

## Help End Abortion

We in Melbourne have once again joined the great international 40 Days for Life campaign (our 4<sup>th</sup>) under our adopted patroness of the unborn: Mary our Lady of Guadalupe. Our aim, object, goal, desire, greatest wish, passion is:

- a) The conversion of all the workers in the abortion clinics especially the ones in the so-called fertility control clinic at 118 Wellington Parade;
- b) The conversion of all members of parliament who are pro-abortion and have voted as such, particularly the Emily’s List members;
- c) To be there for mothers who have had or are contemplating an abortion;
- d) To pray for fathers who have abdicated their responsibility of fatherhood or are devastated because their right of being a dad has been taken away and their baby has been or is going to be aborted! It is very important for all of the above to know that God never stopped loving them and is waiting for them to say “I am sorry. Now we know that we all need God’s help to say “I am sorry” and that is where prayer comes in! If God never stopped loving them, then we ought to realise that “There, but for the grace of God, go I”. We can only copy the Master and also keep loving them and not judging them.

We will offer our prayers up to our Lady of Guadalupe asking her to intercede on their behalf so they too can experience the inner peace which only God can give.

We invite everyone to commit time to be a peaceful, prayerful witness for life and help start changing this dreadful culture of death into a culture of life. Fill in timeslots on our website: click on Vigil Schedule at [www.40daysforlife.com/melbourne](http://www.40daysforlife.com/melbourne). If you cannot access the website and would like to nominate timeslots, please ring me or send me an e-mail with your selected timeslots.

The campaign runs from 28 September - 6 November, 7.30am - 7.30pm, at 118 Wellington Pde, East Melb (catch tram 75 from Flinders St Station to tram stop 12).

May God bless each and every one of you.

*Fons Janssen, Campaign Director, Willung South, Vic  
[fonsforlife@skymesh.com.au](mailto:fonsforlife@skymesh.com.au), (03) 5194 2340*

### *So Far in 40 Days for Life:*

- 4 313 lives have been reported as spared from abortion
- 14 abortion facilities completely shut down
- 53 abortion workers have left the abortion industry.

*Over the past 4 years*

- 400 000 people have united in peaceful fasting and prayer for an end to abortion,
- Including 13 000 church congregations.

*This campaign*

- 291 cities are participating,
- across 7 countries,
- Including 46 first-time campaigns.

## March For the Babies

Date: Saturday 8 October 2011

Time: 2.00 pm (Be there early 2pm start)

Start Location: Cnr Clarendon St & Wellington Pde  
East Melbourne (near Hilton hotel)  
Melways reference 2G C4

Wear pink and/or blue for the babies.

The march will proceed via the Fertility Control clinic to the steps of Parliament House.

Gayle 0411 211 413  
marchforthe [babies@gmail.com](mailto:babies@gmail.com)  
[www.marchforthebabies.org.au](http://www.marchforthebabies.org.au)

...SO FAR IN 40 DAYS FOR LIFE 4313 LIVES HAVE BEEN SPARED FROM ABORTION....

# Letters

Dear Anne,

In your latest issue of the newsletter you expressed what I used to say to Fr Maher about 35 years ago when I had a taste of Big Brother when my children started school.

Tanti augurie keep up the good work we need people like you to tell it like it is. Love and prayers.

Maria L Vic

\*\*\*\*\*

Dear Anne,

As usual a wonderful newsletter full of the most beautiful words about an issue that is horrendous. I pray for you, your colleagues, those thinking of having an abortion as well as those perpetrating those terrible crimes against our tiniest people. May God bless you abundantly in every way as you are acting on our behalf?

Kind regards  
Nola D. Vic.

\*\*\*\*\*

Dear Anne,

Thank you for your beautiful newsletter.  
May God keep you safe and well. You are doing so much for people.  
Your last newsletter Aug/Sept was very moving. You are so right in all your comments  
Enclosed a donation to help you.

Val...Vic

\*\*\*\*\*

Thank you for your support Jacqueline Country Vic.

Thank you Michael..L. (love your calligraphy..Beautiful)

Thank you Beth and writing group.

Thank you "Fr Mag" you made my day with your phone call. I hadn't realised how stressed I was till your call. You eased the stress.

Thank you Helen.Van. d L.

Dear Anne,

I am sorry to have left it so long to write to you. You are on my mind so much and also in my prayers. You have had a lot of attacks a sure sign you are doing His Will.  
Anne, please leave your garden a while longer and keep up your special work.

In His Peace  
Love....Bridget. Vic...

*Thanks Bridget....weeds growing into flowers too!  
Actually had hoped to work 3-4 days pw just to recover a bit but it's getting full again.  
Its good though...not complaining.*

\*\*\*\*\*

Dear Anne,

Your latest effort Aug/Sept was, is tops, congrats. And along with Our Holy Spirits help you can only tell it as it is and no matter what anyone says, if it was good enough for the Lord Himself "a voice in the wilderness..."  
Enclosing some postage.....  
Congrats.  
Fr Paul.

*Thanks Fr Paul you are always encouraging.  
Anne*

# Breaking News!!!!!!!

Family Life International Australia Conference  
Date...January 27-29<sup>th</sup> 2012.  
Location: Lake Hume Resort Albury NSW

Confirmed Speaker the fabulous Mons Reilly, Founder of Helpers of God's Precious Infants.

A Prophet for Life in the type of Jeremiah. Strong indomitable. Other speakers to be announced

## Prayer for the Unborn

Jesus Mary and Joseph, I love you with all my heart. I beg you to spare the loves of all unborn babies who are in danger of dying from abortion, miscarriage, and stillbirth or from any other cause. Please baptise them with your tear and my desire. Allow me to adopt them all spiritually and grant each one life and love faith and salvation. Amen

*Thank you for this prayer Michael L.*

[www.VICTIMSOFABORTION.com.au](http://www.VICTIMSOFABORTION.com.au)

Dear friends perhaps you might like to visit my website [victimsfabortion.com.au](http://victimsfabortion.com.au).

There is a link to my new blog. I do a little bit of different writing. Away from "death" writing all the time.

Also thank you Darren, Neale and Matthew for your help with my computer problem. Forever in your debt.

Lastly I had hoped not to have to ask for \$ support but it has almost dried up. Is the Lord saying I am to weed the garden? Maybe. I am continuing to work full time though I am doing more writing, speaking publically and counselling In August I spoke at a Catholic School 3 times, several ladies groups. Together with writing articles and am in process of writing something important. I have asked God for another day in the week but he answered a Firm NO.

Please pray for these especially Laura she will need help soon.

Tatiana, Jodie, Sophie, Dianne, Marlene, Heather, Sarah Carlie, Cathy, Rose, Natalie, Sarah (2)Deborah, Tracy, Merrilyn, Jane, Judy, Laura (who has had abortion )but not coming yet. We tried to help her not to have abortion but we didn't make it this time.



**Anne Lastman**

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# BROKEN BRANCHES · BY EMAIL!



Dear Friends,

In an effort to help reduce the costs and time put into preparing each newsletter, I am now able to email it out to you in Adobe Acrobat format (.PDF). So if you would prefer to receive Broken Branches electronically, please email me at [anne@victimsfabortion.com.au](mailto:anne@victimsfabortion.com.au) to be added to the email list.