

# Broken Branches

“Take courage! God has healing in store for you; so take courage” (Tb. 5:10)

Issue 113 – Oct/Nov 2016

## A Grandmother for 49 days.

“Anne I was a grandmother for 49 days and then I wasn’t a grandmother anymore. I’m hurting so much. I feel cheated.” And so began first session with a new person, this time a grandmother of an aborted baby. And the tears rolled down profusely.

This client came to me referred by a former client who had been helped through her abortion grief, but this “grandmother” felt that I couldn’t help her as I had helped her friend. The reason for this being that she was “only” a grandmother and she had no right to feel this way.

As we worked through and talked about her loss it became obvious how much she was affected by her daughter’s decision to have the abortion, without even discussing the matter with her (her husband RIP) and the help that was available to her daughter so she wouldn’t have had to go through the abortion.

It’s a further tragedy and great sadness when the abortion decisions are made that consideration is not given to other family members who might be affected deeply by the decision.

I have heard thousands of times about the mother who forces her daughter and takes her to the clinic in order to have the abortion but less than half a dozen times in over 20 years have I heard about the deep wounds an abortion causes to grandparents. One can be left to feel that all grandparents are devoid of emotion towards the grandchild that they might have had, but this grandmother clearly shows how this is not the case.

This grandmother had humanised her grandchild, had visualised her holding him, had “seen” herself taking him to school and babysitting him. This grandmother had seen her life filled with his presence for a few short days, and then he was gone, through an intentional act, and not anything else. Her horror at his disposal and his going and her disappointment with her daughter’s decision, left her almost immobile and as she pointed out to me though she loved her daughter and would try to support her if support was needed, she could not reconcile herself to this fact of her “grandson” being intentionally killed because he came at an inconvenient time.

I don’t know if “Mary” (not her real name) will continue with counselling sessions, and the door was left opened for her to return to “talk” some more if she became overwhelmed again.

What struck me as really important was the reality that abortion touches all family whether immediately or into the future. Indeed a poisoned seed called abortion once planted can row to poison the family structure. To wound the family history and pass on wounds into future generations.

For this grandmother’s daughter who’d had the abortion there is in her own history whether she acknowledges or not a wound which will manifest in any number of ways without her even realising that that single decision will alter her makeup.

I did suggest to “Mary” to listen to her daughter and help her daughter speak about her decision and why she made that decision and if necessary that her daughter can come and see me. But only if she is ready for counselling and not to be foisted on her.

In our future prayers please pray for all grandparents who have lost a grandchild I this gruesome way. Grandparents also have images coursing through their minds of their grandchild “torn to pieces” and is heartbreaking for them. So please pray for grandparents.

## New Study

In a recent study by Prof. Donald Paul Sullins, a sociology professor at Catholic University of America and published on 22/7/2016, it was found that abortion during late teens to early adulthood increases a woman’s risk of mental health issues and linked to nearly 10% of mental health disorders experienced by women. This seems to confirm Prof. Priscilla Coleman’s meta-analysis which also found that 10% of all mental health disorders experienced by women are linked to the abortion experience. This present study was published by Sage Open Medicine Journal.

After adjustments for various factors the study found that abortion during these important years raised a woman’s mental health risk all in all by a huge 45% “one eleventh of the prevalence of mental disorders examined over the period were attributable to abortion” said the abstract.

Name \_\_\_\_\_

Address \_\_\_\_\_ P/C \_\_\_\_\_

Donation \_\_\_\_\_ I **would/would not** like to be on your mailing list.

Send to:

**Victims of Abortion, National Office**

PO Box 6094, Vermont South, Vic, 3133, Australia.

Or email: **anne@victimsofabortion.com.au**

This study further sought to examine any links between pregnancy outcomes like miscarriage, birth or abortion and drew its findings from studying of over 8000 women who were surveyed 3 times at ages 15, 22 and 28.

In its findings it stated that involuntary loss (miscarriage) was associated with 24% increased risk of mental health issues. Childbirth was “weakly associated with reduced risk of mental disorder” while abortion (intentional loss) elevated risk of mental health disorder by a massive 45%

The findings of this study further confirm previous studies (Fergusson, NZ) (Coleman) studies from China, Sri Lanka and others.

*Link to Priscilla K. Coleman Study on after effects of abortion and mental health difficulties of women who elect abortion.*

<http://www.aaplog.org/complications-of-induced-abortion/induced-abortion-and-mental-health/huge-new-study-abortion-and-mental-health-quantitative-synthesis-and-analysis-of-research-published-1995-2009/>

and Chinese Studies

2012-07-14

We in the pro-life movement have been given a great gift in recent months. The gift of two studies coming out China. Two studies which also speak about the after effects of abortion. The first “The Impact of Prior Abortion on Anxiety and Depression Symptoms During Subsequent Pregnancy: Data from a Population-Based Cohort Study in China” published in Bulletin of Clinical Psychopharmacology 2012;22 (1)51-58.

The authors Huang, Hao, Su, Kun Huang, Xing, Cheng, Xiao, Xu, Zhu, Tao, in their introduction stated that “abortion represents a complex biological and psychological event, which is regarded as a difficult and distressing life event for a woman” (p51) They continued that women to many women an abortion “may represent the loss of a future child, of motherhood, and part of self, and it may engender doubts regarding the ability to procreate” (p51) Indeed these researchers suggest that “parental response to loss can extend to a subsequent pregnancy” or even their ability to carry another child to full term.

In this study the authors and researchers proposed a

hypothesis that *there is a difference between induced abortion and spontaneous abortion (miscarriage my words) in terms of impact on pregnancy women's mental health*” the aim of this research was to compare symptoms of depression and anxiety during the following pregnancy after spontaneous abortion (miscarriage) and that of induced abortion, and the time since the loss was also included as a variable. Of the 6887 pregnant women in the study 3264 or 47% had experienced an induced abortion whilst only 8.3% spontaneous abortion (miscarriage) and other variables were taken into account.

The findings of these researchers were that women, following infant loss especially through abortion, showed higher levels of anxiety. They found that “the impact of previous peri natal loss was moderately correlated with depressive symptoms” (52) which in turn found that raised levels of depressive and anxiety symptoms were found to be harmful to obstetric outcomes (obstetric complications, pregnancy symptoms, preterm labour, and pain relief in labour) and further had implication for foetal and neo natal wellbeing.” (p52)

“Abortion poses serious mental health risks for women which further increases the risk of obstetric complications, pregnancy symptoms and adverse pregnancy outcomes”

The authors of this study state that “the period leading to decision to abort can be distressing “Anticipatory Grief” the process of deciding can be difficult and the reasons for electing to have the abortion can affect the psychological responses after the event (56)

The authors continue that their findings were that women with history of induced abortions elicited poorer mental health outcomes than those with a history of spontaneous (miscarriage) losses. And further “women with a history of induced abortions were more anxious and depressed than women with a history of spontaneous abortions (miscarriages).

Further, “long term, women who had induced abortion reported significantly more avoidance of thoughts, feelings, related to the event than women who had spontaneous abortions” (*all signs of Post Traumatic Stress Disorder*) (p56.)

And another study confirming this new study.

## New Study Finds Abortion Increases Risk of Severe Mental Health Problems By 81%

Another new study published in the British Journal of Psychiatry has convincingly found yet again that women who undergo an abortion have much greater risk of mental health problems. A meta-analysis of 22 studies was undertaken again (excluding smaller studies and those inconclusive) and yet again it was found that abortion is associated with moderate to highly increased risk of psychological problems subsequent to the procedure (P183).

Women who underwent an abortion experienced an increased (81%) risk of mental health problems. The study also found that overall *10% of all women's mental health problems are*

*linked to their abortion experience.* Imagine 10% of all mental health difficulties of women directly linked to abortion.

In Australia over a million abortions over the past ten years! Just ten years only and not even going further back to 20 years ago when I first entered into this milieu.

10% of all mental health issues of women, depression, suicide, suicide ideation, severe post-natal depression, anxiety etc all directly linked to abortion. Over 100,000 (annually) women affected by abortion and not even looking at the effects on men, other siblings, grandparents (see article this newsletter) and society. Imagine the pain which exists in our society.

And then of course the American Psychological Association and its confreres, that is the prochoice, pro-abortion lobby proudly, declare that a single abortion will cause no harm. And abortion declared a "right" and legal. Imagine nations legislating pain for its female citizens! That is what we have done. And I believe that the harm done by abortion will be seen in its totality in the not distant future.

This is the largest study on this topic undertaken so far with 877,181 participants out of which 163,831 had had an abortion. This study took care to avoid all data which could lead to the mantra of "bias" by its very stringent criteria for inclusion/exclusion of previous studies and participants and pre-existing mental health issues.

Professor Priscilla K Coleman who has done many other studies into this topic of mental health issues connected with abortion presents the most comprehensive study to date. According to Professor Coleman this study was carried out in order to be able to offer best and most valid information to those seeking abortion and for women to clearly make

informed decisions.

This research showed some astonishing figures with 34% increase risk for anxiety disorder (e.g. OCD, panic attacks, bipolar, mood disorders etc.) 37% greater risk of depression, sadness, uncontrollable weeping, "absences" loss of concentration, loss of joy of life, etc.).

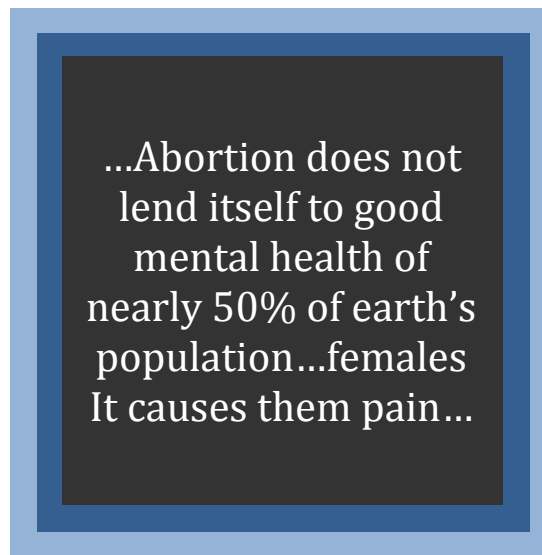
**110%** greater risk of alcohol abuse (leading to all manner of other self-abuse which comes with alcohol abuse)

**220%** greater risk of marijuana use/abuse and I suspect other drugs of choice use and abuse, and prescription drug use and over abuse.

**155%** greater risk in attempting suicide and suicide ideation (persistent thinking suicide).

This is a new study not something dated 25 years ago. This is meta-analysis using reputable studies by a reputable researchers without the "religious" mantra. This is a study that says please watch out, abortion seriously hurts women and men and babies and society. If it's the health of women we are all interested in, then abortion is not the answer. It does not lend itself to the good mental health of 50% of the earth's population. Women.

These results also say something, though not positive, about the American and other nations' Colleges of Obstetricians and Gynaecologists who have remained deathly silent on the topic of the mental health of their women patients and abortion. How appalling that those who are meant to care for women and their specific health matters remain silent because of the political nature of this topic.



How appalling that Medical Associations who are meant to be devoted to the care of women and babies have remained silent because "seats on university boards" will be lost and the feminist sisterhood will become upset, that the right to terminate the life of a child should be a "law?" The "sisterhood" have won the right to legally have children in womb killed, so that maybe they wouldn't feel so guilty? Why a law for that? Abortion has always happened but why does today's woman need to be approved, funded and applauded for this?

How appalling that the medical profession whose motto is meant to be "first do no harm" remains silent and thus compliant with this abomination called "abortion."

This study and others further totally and completely puts paid to the pro-choice voices which have called for liberalisation of abortion laws around the globe thus leading their "sisters" into territory of unrelenting pain. That is, the unrelenting pain behind the meaning of the term "abortion". The moment when this realisation comes (death of my baby) and that may take time, but it does come, then there is a pain unlike any other.

DSM-V clearly states that trauma is more severe when the stressor is intentional. Abortion trauma, understood as a type of post-traumatic stress disorder has as its main feature its intent, the death of an in utero child, therefore it is an intentional stressor. Not accidental. Hence the severity of the guilt and the grief when the realisation comes of what was done.

We are just beginning to see clearly the wholesale changes to the loss of respect for all life which has emerged since the abortion gates were opened, including the calls for euthanasia, embryo experimentation, chimeras, and the ever increasing number of mental health issues, including the grief of abortion because this can have, as a character, delayed development, so years, or even a generation may pass before it's realised that it was an abortion many years earlier which has led to a life lived at odds with itself.

This is why abortion grief and pain is at times slow developing or even missed as an issue and anti-depressants used to calm the inner turmoil of a conscience or heartbreak at the loss of something but not realising quite what it was/is.

For those who have computers this study can be found here:  
<http://bjp.rcpsych.org/content/199/3/180.abstract?sid=f3a640ac-1664-489e-9f34-2ecc688a6d52>

This research was done by scientists at the University of Colombo, in Sri Lanka, and the findings published in the Journal *Cancer Epidemiology*.

This reporter has also stated that this is the fourth study in 14 months to report the link with other studies showing the same being done in China, Turkey and US.

However, the strident voices of the pro-abortion people are to be heard and even the Cancer Research Institute (not surprising) questioned the result and said that "women should not be unduly worried" because the size of the participants in the study (300) was small so "there is likely to be statistical errors in this sample size"

Even the Royal College of Obstetricians and Gynaecologists has acknowledged the possibility of abortion as a risk factor with breast cancer and yet still there is doubt cast on findings. Why?

Because abortion is now a worldwide "rights" issue hard fought for by the pro-abortion, feminist lobby and no information or study results is going to jeopardise this right of the woman to be legally permitted to take her child to be killed. Not the results of studies into mental health issues or even the strong links between abortion and breast cancer.

Today we are seeing younger and younger women being treated (and dying) for breast cancer and it would be thought that all efforts would be made to try and find out the reason for such a happening but again because the abortion rights issue has been fought for so hard nothing will be permitted to jeopardise such a right. No matter how many young breasts and young women and perhaps even older ones have to be sacrificed for the "right"

Dear friends if you would like to read more about this, the link is below.

<http://www.dailymail.co.uk/health/article-1288955/Abortion-triple-risk-breast-cancer.html>

And dear friends the common thread with all the studies, including this latest one, (2016) is that abortion affects the mental health of women.

Whilst reports have loudly and persistently said that abortion does not cause after effects, does not cause difficulties, or adverse outcomes, the reality is that abortion is not a safe, suffering free

procedure but indeed is a procedure which harms the emotional wellbeing of women, because woman is asked, urged, forced to do something contrary to her design. She is going against all that is written within her and in doing so there is an indelible scar written upon her being. A change to her design.

The studies which we are seeing and have been published over the past 20 years clearly show the wounds of abortion, including the link between abortion and breast cancer and yet the feminist lobby insists on safeguarding this "right." How tragic that women themselves refuse to see that taking one's own child to die is not liberating, empowering or self-enhancing but indeed is an action which diminishes her very essence of feminine.

What a great sadness and great pity that woman has lost the knowledge that every child conceived and brought to life is a salvific moment both for her and for humanity and every *intentional* loss (abortion) is an intentional loss of salvific opportunity.

"Every person born into the world represents something that never existed before, something original and unique. If there had been someone like her in the world, there would have been no need for her to be born" (Martin Buber, in *Narrative Means for Sober Ends*, Jon Diamond p 78). And further by Martin Buber, in his book *The Eclipse of God*, he speaks of this age as an age of suffering "an eclipse of God". The modern world has become overcome by a desire for death, for lifelessness, for lifeless things, idols, silver, chrome, glass. It's a time not of I-Thou, that is connection and communion with all who come into our lives, but a time of I-It. A time of commodification of the other.

Abortion exists because of the commodification of the other. Abortion exists because of a desire for lifeless things, e.g. career, money, houses, holidays, me-ism, sexual wantonness, etc. Abortion exists because this moment in time is all about "I" "me" "I want" "I need" "my body is mine and not to be given for you" It's a time of chrome and silver and coldness.

## Left Holding Baby

Dear friends in one of our daily papers *Herald Sun* recently (Aug 26, 2016) there was a story on page 3 which really wounded me deeply. I think that I am getting used to everything I hear and read but not really. It always leaves me wounded.

The story was about a young woman who is suing the medical facility for hundreds of thousands of dollars which failed to pick up that she was still pregnant after a so called termination.

This woman claims that three times both her GP and the hospital she went to ignored signs that he might still be pregnant and she did not want to be pregnant. It says that she went ahead with pregnancy (wonderful) and has a beautiful little boy. Indeed she went ahead and had her child who is now 3 years of age. .

This article says that she is suing the medical facility for the money needed to raise her son. Then there is a litany of reasons for the suing. Depression, mood disorder, and “psychological trauma” For pain and suffering and for costs incurred for having the child and costs of raising the child. Costs of feeding, clothing, schooling, and other expenses which will amount to hundreds of thousands of dollars.

How sad! How sad that instead of rejoicing that the abortion went wrong and she has a beautiful son whom she says she “loves” she has need to sue because his life endured. How sad that she has “trouble telling friends” she has a baby. What has she been doing for 3 years?

I suspect that someone has whispered something about easy \$\$\$ to be made but more than this I am concerned for her child if ever he hears that he was taken to be “terminated” That he was unwanted and his mother demanded to be paid because he survived. I can hear and see rejection issues ahead.

However, above all I hope that she wakes up and looks into the face of her beautiful son and says thank you Lord I have him, and she doesn’t wake up or go to bed at night “hearing” a little phantom voice calling her “Mummy” as happens with so many abortive women.

Dear friends, as I read and re read this story I became more and more distressed. What kind of humanity (womanhood) has emerged who can demand a payout because a child that was meant to be aborted (legally killed) actually survived. I am left feeling sad for woman if this can become possible. We know that something has changed dramatically when this happens. “Eve” is deeply wounded. As I said, this story really disturbed me because there is so much to be joy filled about (a son who lived in spite of the odds) and yet it has become a story of how many \$\$\$ can be demanded that her son lived rather than died.

## Contraceptives at School

In the same daily newspaper *The Herald Sun* Sept 2 2016 another story appeared which again made me “shiver” The headline went like this “Pick up the Pill at School”

This article spoke about doctors in public schools being able to prescribe the contraceptive pill to girls as young as 13 years of age from 2017.

It went on to speak about a new multimillion dollar programme which will see doctors working in 100 schools to provide medical care for any student wanting to see then.

To this point in the preparations the government has not decided if parents are to be asked to give consent for their child to use the new school facility of medico on tap.

Whilst concerns have been raised about students (female) getting the pill without parents’ consent, the response of the Aust. Medical Association and the Government is that already students can visit a medical clinic without a parent, so having a doctor visit the school

and be available to students for whatever their needs is nothing new, just more convenient. And my fear in all of this is that slowly parents’ rights are being eroded. More and more a separation between parents and their child is manipulated and taken over by government facilities (does this remind anyone of anything?)

Over the 20 years of my doing this work I have heard of stories where a young school girl has gone off to abortion facility, had the abortion and parents knew nothing about it until long after. Indeed often they discovered about the abortion when the girl found her abortion too difficult to bear and her grief became overwhelming and then they discovered the role friends, school, and counsellors played whilst the parents were kept in the dark.

That a doctor might be able to prescribe the contraceptive without a parent even knowing about this is deeply worrying. The daughter taking a hormone drug from an early age which will also be a tacit decision made to behave in a certain manner is grounds for deep concern for any parent.

As I work in this work that I do, I see women who have been separated from their child by the abortion decision. This decision acts as a barrier between mother and child and this barrier will affect the women throughout their life. Will act to separate mother and daughter from the intimacy which belongs to a mother and daughter.

This occurs when the daughter blocks her mother from the important decision she is making but also and equally when a mother forces a daughter into an abortion decision. In both ways their connection/intimacy is fractured. Loss of trust is planted and difficult to overcome and recover.

Encouraging a child to visit a doctor without a parent’s knowledge is another level of separation. A child at school is still under the care of parents and yet the parents are to be excluded from one of the most important aspects of their child’s life. Medical decisions.

It is an indication of further separation of mother from her child/en. I would humbly suggest that those who have young children at school and where this will become a reality in 2017, not to allow this aberration to take place. A parent’s place is always paramount especially in the early developing years of a child. A parent’s role and duty is to be constant and present in all the child’s activities and needs and not to be excluded because the government says so.

This news is further disturbing to me because equipping a young girl with a dangerous drug (see link) at such a young age does not take into account the young person’s still immaturity and perhaps encouraging this young person onto a road that she may never have embarked upon. <https://www.lifesitenews.com/news/world-health-organization-classifies-contraceptives-as-highly-carcinogenic>

# Letters

Dear Anne,

This issue 112 is an excellent issue of BB. I have just read it, and will return to it, many times. (All are excellent but this one is bigger and even fuller of your excellent reflections). It is also packed with information I will find useful in my work in helping people with grief. I really appreciate your insights and your work in spreading this knowledge, as well as –more importantly- in helping people in grief and in understanding the issues of violence against the unborn.

During reading I have been reminded of the prophetic statements of St JP II The Great. He wrote (I paraphrase) that the future of humanity is dependent of just that: who we are for each other, how we treat our fellow human beings. If we objectify the human person and start treating people and things, we remove or destroy the “things” which are inconvenient, which are not to our liking or an obstacle to our selfish desires. He was speaking of the death camps of Hitler and what the German Nazis did, but he warned all society that this is the future if we don’t recognise the dignity of a human person. How right he was. The truth is that humanity has fallen into this hole yet again, and now it seems so much deeper. So many people believed the lie that what is done (the violence), is done in the name of freedom (noble goal), charity (noble feeling), and “God” (ultimate duty). And it seems there may be no return for this world. It is an eclipse of reason, to quote Bernard Nathanson.

Keep spreading the word of truth, and continue your great work. It brings fruit in so many hearts. I enclose a cheque to help your costs.

Love,

Elizabeth

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Dear Anne,

Just received “Broken Branches” today. Congratulations on another brilliant article re violence and the roots of violence.

(next some private info).

I hope and pray that your health is OK. I know you have had challenges in that area.

Thank you for the tremendous work you do for life.

Kindest regards and God Bless.

Fr Ian Mac.

*Thank you dear Fr Ian. I appreciate your care.*

Dear Anne, Pax Christi.

Today I finished reading your latest book "Hidden Pain". I read it slowly absorbing while meditating all you have written. Marvellous. It is a genius deep moving book. God gave you a beautiful gift. Please continue writing for you are doing so much good. We need you.

You sometimes call certain madness of people who follow the culture of death lunatic. Just read today's Herald Sun newspaper (Monday Aug. 22) and read a super lunatic case called Pay for my son. It's on page 3 giving it prominence. Really we hit the lowest strata of lunacy. God have mercy on us.

FR E Adami.

See article

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Dear Anne,

The prolife movement has suffered some major defeats in recent times and is facing more battles in the near future. We must never lose hope. A war is not necessarily won by the side that wins the battles. It is always won by the side that wins the final battle. This final battle is yet to be fought. Persistence is the key to success.

My prayers are with you always.

George. (Vic)

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Dear Anne,

Thank you for your latest issue of Broken Branches it is so usual magnificent. I am always left in awe at your writing and the amount that you cover. Thank you and God’s choicest blessings on you.

Hope your health is improving.

Regards

Mrs E S. (Vic)

*Thank you for your kind words and kind donation I appreciate both. Health is one day good and next day not so good but we all keep going. My body is tired though.*

Please dear friends if this comes to your schools become involved for the sake of your child.

## March for the Babies

Dear friends the flyer (right) is self-explanatory please try and attend for the sake of the babies.

Please join the many friends who will March for the Babies. It is a peaceful rally to defend the rights of in utero babies and their mothers. Starting place will be corner of Spring Street, and Wellington Pde, East Melbourne (Mel. Ref. 43 K8).

For further info. Email: [marchforthebabies@gmail.com](mailto:marchforthebabies@gmail.com) or website [marchforthebabies.org.au](http://marchforthebabies.org.au). And please don't forget to wear Blue or Pink in solidarity with the babies.

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Dear friends as I come to the end of another newsletter I thank you for hanging in there with me. It's been a long journey. Sometimes tiring, sometimes exhausting. Sometimes difficult but always rewarding.

Thank you to those who responded to my call for funds. It's been a difficult year and as we come towards the end of the year and I look back on the difficulties I see that always help came at the moment when I thought "that's it can't do it anymore." Indeed there is truth in the words that the Lord comes at the last moment. I have seen it this past year.

Please continue to pray for me and my health, there have been some hard days but even these were good. And when I didn't listen to my body and slowed down a bit, the Lord slowed me down Himself.

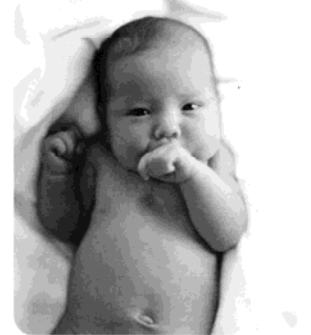
I need to continue to ask for your help \$\$ (no reserves for those rainy days) and please can I get some more readers buying a copy of both Redeeming Grief and hidden Pain. The sale of the books helps me with funds.

I am happy to sell both copies at \$20 (\$40 both) each instead of the full price.

Also please advise me of changes of address. The RTS of newsletters simply means loss of postage. So if you know you are moving and still want newsletter please advise new address or if you do not wish to receive further just let me know. Thank you.



## LIFE EQUALITY



**Saturday 8th October 2016**

**1pm at Treasury Gardens, Melbourne**  
(meet at the corner of Spring Street & Wellington Parade)

Show your Support: Wear Pink and/or Blue

Please continue to pray for me (health) and for Frances, Kathrine, Steve, Viola, Lucy, Bec (much please) Bernadette (much please) Cameron, (much) Patricia, Clara, Bette, Maria, Joanne, Anna, Julie, Eve, Christine, Pam (new) Allison (new) Margaret (new) Jordan (much please).

Thank you again to those who responded to my call for funds. I appreciate your care.

Till we meet again.

Blessings on your life.

**Anne Lastman**

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## Broken Branches – By email!

Dear Friends,

Please email me at [anne@victimsofabortion.com.au](mailto:anne@victimsofabortion.com.au) to be added to the email list.



# REDEEMING GRIEF

NEW REVISED EDITION!

**REDEEMING GRIEF** is a reflection of over 17 years of counselling and study of abortion grief, which is experienced by some women who choose to undergo this elective procedure. These reflections are the result of listening to over 1500 personal stories and listening to the expressions used by the women as they speak about their decision to abort the life of their child. These reflections then attempt to reconstruct the meaning that this procedure

has had for the aborting woman and how this one procedure has been the catalyst for life changes.

AUD **\$20.00**

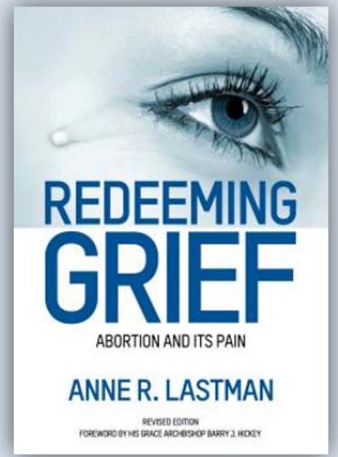
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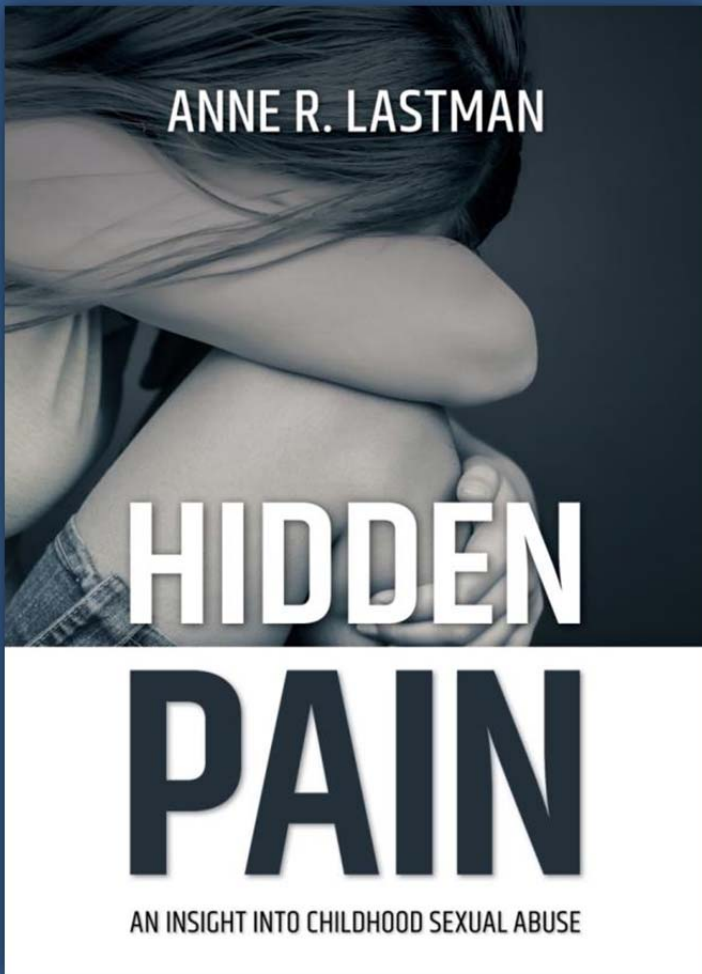
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## NEW BOOK – HIDDEN PAIN



**HIDDEN PAIN** is written about memories which are hidden and cannot be spoken out loud. It is a book about shame, pain, sorrow and lives which have gone wrong both for victims, families, and perpetrators. Sexual abuse of children is common in all communities, in all societies, and yet it's still one of the last remaining taboos. It is something which cannot be spoken about because it's so awful, so inappropriate that it cannot be discussed. Yet discussed it must be, because the children are crying and pleading to be helped.

This is not a step by step guide to dealing with abuse. It is the result of my engagement with those who have come to me originally for post abortion counselling and on further investigation it was found that abuse (especially in cases of multiple abortions) existed in their history. It is my hope that **HIDDEN PAIN** can be of help to those who read it and more so be vigilant and not to turn away when a child is suffering.

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