# **Broken Branches**

"Take courage! God has healing in store for you; so take courage" (Tb. 5:10)

#### **ISSUE 143 - June/July 2021**

Welcome dear friends we are already half way through the year and realise how quickly time has passed. We are still in the middle of a pandemic and still life made very hard (especially in some nations more so than others) by this unseen intruder into an already challenged life and its difficulties.

This time I would like to write a little about pornography. I know that in the distant past I have written a little about it but recent times I have had to deal with this issue (client) and its unrelenting assault on the already addicted.

We know that pornography is rampant in society. We know that it's a billion-dollar industry. We know that today with internet it is virtually on tap for anyone to access. We know that the intent behind porn is the intention to degrade and dehumanise the human person.

Invariably it is said that the main victim is woman, then children, however, male is also deeply affected by this monster and also a victim.

We know that it attacks the most mysterious sacred aspect of the human being and whilst we hear that mostly it's woman who is demeaned and degraded, the man has to have been himself degraded by such imagery to demand it of his spouse/partner. The male is also made lesser than he was meant to be because of his acceptance and then himself be a perpetrator of such horror.

"be fruitful and multiply" (Gen 1:28) was said to both male and female. These words called for respect and honour of their sexual being because through their sexual being would be created the new "fruit"

Sexuality is an intimate activity of the deepest dimension. Indeed, a dimension of grace. It's a biological and psychological and emotional experience whose effects are unexplainable, but we know that it's a call to another to share an intimacy of the order of love and thus to degrade such an experience is to degrade the whole being.

Sexuality is a transcendent activity "be fruitful and multiply," said the Creator. It's a divine command and belongs to the order of life and order of the divine and indeed it's written into the biology and nature of the human and all living and most certainly clothed in divine mystery.

However, the mystery loses its mysteriousness when it becomes distorted, abused, degraded, mundane. It then loses its potency and when degraded as in pornography, human trafficking, rape, incest, violence it causes lifelong anguish. The mystery remains but it becomes darkened like a diamond enclosed in mountain of coal. The mystery remains beautiful but its casing is spoiled. Pornography attacks deeply into the core of the beautiful

Sexuality, when not understood and treated as an uncontrolled urge, demands for immediate moment of "pleasure." this especially for those whose greed for dollars is also uncontrolled, and wounds deeply both male and female because the abuse of this mystery goes right to the core of its meaning and the intent of its creation, that is, joy and new life, were designed to go together in a partnership where love abides. Pornography distorts the pleasures of this God given gift.

Pornography is a lie because it promises pleasure but it's a false pleasure bought at the expense of pain of another. it's also a lie because it promises untold experience of pleasure. It promises much but delivers only pain.

In our time and society, it's sold as "normal" and that it is simply an enhancement of the normal responses and much more pleasurable. And this is where the lie is embedded. Participants mostly the female withdraw from the activity and surrender for some sake or need usually money.

Further, what porn offers apart from dollars is a promise of an intensified moment of that mysterious feeling. It promises sex on demand, more adventurous sex, more intense effects, better sex and after that a certain addiction to lust and a certain distortion of and loss of knowledge of what intimacy is. It offers a diminution of love and a diminution of grace which is present when conjugal honour is present.

It has been said in counselling sessions that co-operation with the demand for pornographic compliance means that if the partner (who is not interested in such) really loves the one demanding the request really loves him (usually her partner) then she will acquiesce and a declining of such a request means lack of love and a beginning of the end of the relationship.

In a counselling situation it has been said that this was the moment when one of the couple (female) began to doubt the relationship and began to see the end of an otherwise good marriage. The end of what she thought as love.

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However, love in its truest sense has inscribed within its core, within its own DNA respect, truth, loyalty, freedom, gracefulness, gratitude, honour, softness. Love does not tie, bind, tire, or degrade a loved one, and love does not demand contortions because it understands the true meaning of the sacred act and the beauty and joy inherent in it without attachments of dishonour.

The emotion love is the antithesis of the demands of pornography.

Love always ascends rather than descends. It never seeks to wound. It cannot change its truth to accommodate what it understands as untruth and it cannot and will not lessen the mystery embedded in the act of intimacy. Love does not attempt to cajole, explain and coerce to an action unlike itself because love has as its template the one who loved first.

Love has its own DNA and within its nucleus is encrypted intent, purity, honesty, desire and wellbeing. Wherever true love is found the DNA of such is also found and just like bodily DNA with its instructions to grow so too the DNA of love has instructions to grow and given every opportunity love does strengthen and grow and mature. When love nurtures, growth is assured. And love's chromosomes have been enfolded with the divine.

Love begins and has its abode in the soul and its true residence is in the eternal because there resides the one who is love itself. (Ps 103)

Love is not found in pornography or any other violence against the mystery of intimacy, and love cannot be found in any act which is contrary to the divine template and mandate, that is to "be fruitful and multiply" (Gn 1:28) Abortion. No love is found in this act of violence.

Love cannot be found in violence against fidelity and fruitfulness because love's trajectory is heavenward and eternal. Love always has a desire to return to its source. No love is found in pornography because this has inscribed in it "use"

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#### **Pornographic Addiction**

Decades have passed in the last century in trying to educate the public about the damage which pornography and its addictive qualities does to man and woman and how to know when someone is addicted, recognise the signs of addiction.

Before we can understand its grip on the victim, we first need to look at how to define pornography. I would define pornography as any image which leads a person to use another person for his/her own sexual pleasure. The important word to note is "use" The line from sexual enjoyment to "use" is crossed. This "line" can be or is understood as different for everyone. For some individuals a flimsy attired image that is considered as a good advertisement for lingerie can be starting or even end point to their entrance into dark world of pornography. That image which was considered a good selling ad for lingerie can become the image which turns a mind to erotic fantasising and sexualisation of the body wearing the garment or fleeting glance and nothing more. Or alternatively away without interest.

To another the voyeurism and intrusion into another's moments of intimacy leads to eroticism. To another various forms of partnerships become the entry point into that same world of decadence.

To another, drugs may be the entry point into an unexpected and horrific world.

It's not always the full range of commercial pornography which, incites those lingering looks. Other seemingly innocent images can and do lead to lingering looks and a search for another similar image to experience a repeat moment to reexperience that moment when an emotion was stirred.

For others (male/female) the lingerie ad would pass by unnoticed and just thought of as something which illustrates something for sale. But for others that same image is an example of the sexual imagery that is prevalent in our society. A slow and mild sexualisation leading to unrestrained overt sexualisation of all activity.

We also need to look at how images are designed to be used. When it's hardcore pornography it's known that this is meant to be sexually arousing. It's understood. However, it's also understood that there are images in magazines, movies, songs, which are not necessarily sold as arousing but subliminally are.

Our common sense tells us that these publications are also designed to be sexually arousing and because of the slow exposure by such magazines and publications they have become part of our "normal" landscape. The gyrations and almost nude presentation of pop singers leaves little to the imagination of the young and not so young. The contrived presentations, DVDs, Videos ensures that young and not so young have available and present as normal what is not normal and presents to young ideas on what is their considered normal behaviour for the fans to emulate.

some would ask why is pornography harmful because all they are, are simply images? they're just images. However, these images are potent because an image cannot be deleted from memory banks and there is a certain understanding that certain images mean something in particular. These images play to hormones and sexual responses inherent in all of us. Pornography is a mood changing experience. Pornography oversexualises the brain and hence a need for more of the same because one exposure alone is not enough. More and more becomes the need and so addiction is established.

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#### Pornography and Harm

There are many reasons why pornography is harmful. First of all, pornography leads the viewer to see and then to use a woman/man or child for own sexual pleasure. When a person is viewing pornography, he (for ease of writing will use he) is not thinking that the woman or child is a person created with and in deep honour and dignity and with thoughts and feelings. He's not thinking that she's somebody's daughter or that she will be someone's wife and someone's mother, or that she is someone's sister. Or even think about the terrible circumstances which may have led to her decision to become involved in such dark and demeaning

work. He is not aware of how the pornography industry abuses and exploits men, women and children all for profits. All he knows is that she is there solely performing for his sexual pleasure. This is use and abuse.

Pornography is harmful to marriages and families. When a woman discovers her husband using pornography, she often feels not only horrified, devastated and betrayed. But a betrayal similar to finding out that her life spouse has been unfaithful.

Indeed, women see this type of behaviour by husband as serious as an extramarital affair. Marital trust has been broken. She can no longer know or believe if he has or is loving her or the images he has viewed.

She begins to have self-doubt and believe that she hasn't been enough for her husband. She believes that she is not "good enough" She slowly loses all respect for herself and her husband. She is no longer able to see her loved husband as a good man and a good role model for their children.

Many women experience symptoms of severe emotional trauma because of their husband's pornography use and abuse. She imagines all sorts of hidden behaviours and a hidden life that

she knew nothing about until the moment of his revelation of his desires. She even believes that she has never truly known her husband. He becomes a stranger to her.

At times a woman may or will experience Post Traumatic Stress Disorder (PTSD) which is related to her shock, her sense of enormous loss, deep confused fears. A loss of what was for her a good man, a good husband, a good father, a good marriage and good family life. Pornography is destructive when introduced into marriage.

Pornography, when introduced to young person harms their ability to develop and have healthy relationships. The message of pornography to young male is that women are there and available for their sexual pleasure and the line he gives her is "if you really loved me, you would do it" and that means that in order to be loved and desired, she has to look and act like a porn actor. These demands may account for the phenomenon called "sexting" and the increase in sexual promiscuity among young people. Pornography and its ease and ready availability (internet) is warping their view of what healthy sexuality and

> relationships are all about and introducing them to a demonic lie.

We now know that pornography is as addictive as any of the known drugs, alcohol, and we know that internet pornography sites are the most viewed. As with any addiction, it can take over a person's life and tearing destroying marriages and families, relationships, ruining young lives, careers, and costing men and women tens of thousands of dollars.

Currently the breakdown of pornography addicts is believed to be over 80% men and 20% of women. Although it is still mainly a male issue, more and more women are becoming introduced to it and

addicted. However, the addiction is different for women. This because men and women have been designed and hardwired differently. The male responds to external stimulation and its after effects, feelings, important. For the male stability, long term, is not the immediate when contemplating sexual relationship and therefore they are much more attracted to the sexual images of pornography.

However, women are more interested in relationships and the idea of these excite them. Woman is romantic and when she meets the "one" her heart is totally given and her trust is given without ever a thought of doubt. Yes, there is a growing number of women also interested in pornography and sadly the number seems to be on the increase and I would suggest that this is due to the now changed mores with women and their liberalised sexuality. Freed from the fear of pregnancy (the pill) the sexual life of woman has changed. Woman has found the freedom males had and woman is not going to revert to they way things were.

How does porn addiction happen? Slowly.

At first just an introduction, glance, a mild response, a return for another sample and another response, followed by a little



more and so on until a tolerance develops and what started as intrigue, voyeurism suddenly becomes a "must have" At this stage more and more time spent searching on line and viewing through all mediums.

More and more money spent. In due course stronger and more violent porn needed to satisfy desire. Soft porn long since passed. The content becomes important and has expanded to include violence, fetishes, children, animals, multiples. By this time honour and respect for sexuality has long been lost and extreme porn only will now satisfy.

This is the stage where withdrawal becomes almost impossible and regular "fixes" become necessary for continuing of day-today life,

and without a regular "fix" a man can experience withdrawal symptoms just like trying to withdraw from any other drug.

These symptoms can include depression, anxiety, insomnia, irritability, difficulty with concentration, mood disorder and even violence. This happens because the brain has become used to being in a state of high stimulation and when stimulation withdrawn cannot function normally.

Great shame is attached to pornographic addiction, and difficult to lessen its grip because this addiction does not have the visible side effects of any of the other drugs but is hidden within confines of home and fed in the privacy of homes, where no one sees it. The shame ensures that it remains hidden.

Pornography and sexual abuse of minors, women, men and even animals has been in existence since we have known time. what has changed is the availability and the numbers and one could perhaps add that women today are more inclined towards pornography where in past it seemed to be males who consumed the sexual abuse much much more. Can we eradicate pornography? I have doubts because of the extent of it and the reality that it's a multi-billion-dollar industry and the very real fact is that it is all about visual imagery and hormones, and pleasure and very difficult to intentionally eradicate of delete images from memory no matter how much this is wanted.

With other drugs a cessation of taking drugs in due course weakens the desire/craving (I know I used to smoke a pack of cigarettes day until 21 years ago and I stopped "cold turkey" and for about a month it was a huge struggle but slowly the desire waned and I haven't had one since January 1 year 2000) whereas the visual/memory/ even a neglect and rejection by partner/spouse can lead to surrender to the desire and return for a "fix" to feel better and beginning again that stranglehold.

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Having just written much about pornography, sexuality and loss and lack of honour when sexuality abused, I want to say a few

motherhood and fatherhood which are two charisms clothed in a sublime mystery and great dignity.

This so because their calling is to love but a more resplendent kind of love, a sacrificial kind of love. Motherhood and fatherhood are gifts which counter the abuse which is pornography, sexual abuse, degradation. Within the being of woman is a love which lovingly permits to be carried within her body the human race. A mother's love, unlike any other, is a love which holds all together beginning child, family to whole society because all of humanity enters both into humanity and then into eternity via the medium of motherhood and mothering, because without motherhood and her desire to love in a different way there would not be human life followed by eternal life.

Fatherhood is also an eternal design which has as its instruction a mandate to generate and then to protect, grow, provide, guide, instruct and love in his different dimension.

A daughter is always a mother or future mother and son is always a father or future father and each with their own perfect dignity and each must always see in the other the calling of their gender. A woman/girl is always someone's mother. The feminine is clothed in dignity. The masculine clothed in dignity.

Every atom, cell, molecule contains the essence of our creator, our masculinity and femininity because our creator continues to recreate Himself though each new creation, this because He breathes His own essence into that new creation. In each cell of our being that is our DNA (DNA our how-to manual) dictates everything about us, characteristics traits inheritances, genetics. DNA carries our personal info from way way back in our ancestry to now. our DNA, together with the infusion by our Creator, love, is the mystery of me/us.

Perhaps one of the greatest losses of modern times is the loss of the sense of how intricate, how magnificent is our design and the plan for each of us and in its stead the implanting of information and ideas and false notions and lies which of course are all seen in pornography, abuse, domestic violence, human trafficking, murder, wars. Our design was never meant for these but for joy. however, as we view our surrounds and panorama its possible to note that the past several generations have been deprived and indeed lost, and loss of truth.

Parenthood, both of the mother and father variety have been remodelled to accommodate transient truths, needs, wants, desires and from this change have emerged a society in pain. A society which accepts killing of in utero infants. Killing of vulnerable. Accommodating all manner of relationships. Attempts at redesigning of the human being from childhood to other. Creating of another in lab. The new attempts to create life in order to experiment with it. The conception of a life for other use (utilitarian) The experimentation and manipulation of the young and very young. The destruction of innocence and the list can continue

We have traded a mess of potage and a glass of wine for Synthetic sustenance.

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Rights

There is not an evening news service where some new "rights" movement is not reported and given the most important air time on screen. However, even though we have heard much about the new and old movements (Me too movement, Black Lives Matter movement, global protection movements, animal cruelty movements, but there has been one movement which has not

been given the airtime needed to speak about and that is the life movement and the rescue of babies destined to die movement, or infant protection movement. These seem to have found

In the past week there has been a report of a mouse plague in one of our Australian states. Indeed, we were shown on all news services and channels the extent of the plague but what I found most terrifying, horrific, anger producing that amidst this plague a young Miss came out, and was given airtime, an animal cruelty activist in opposition to the ridding of this plague. Her reasoning? That the mice would suffer pain!!!!

As I watch in horror, I really felt like I wanted to shake her. The million mice which would destroy all in their path would suffer pain but an infant dismembered in the womb, without even anaesthesia would not suffer pain? A late term child who was unwanted and destined for death in the womb by gruesome methods would not suffer pain?

An Australia wide protest by secondary school students to protest about climate change fully reported, yet same students not a word about death of pre born infants. Protest for treatment of mice and trees yes but millions of babies excruciatingly and barbarically murdered not a sound?

Life is the sole most important "right" of the human being trashed, whilst the right of a mouse to cause for concern?

When a new human creation comes to conception its first and most important right is that it is permitted to happily be born. It has a "Yes" over its life by its Creator Father and fighting for this right and Yes is mandated of each of us. Without this right all other rights have no place for them. Including the right of a mouse not to feel pain and including the right of a tree not to be cut or the right of an animal not to be culled.

All rights have a protective shield around them (including mice) but the infant no rights at all because it's a woman's right to have her child killed if she so wishes? Again, a mouse must be protected from pain but a sentient infant to be dismembered whilst feeling agony and no concern about its life and pain experienced.

As I said we have heard of "women's rights" we heard of Black Lives Matter rights" etc we have heard of other minority groups and their rights and yes all well and good but all those demanding these rights have already had their governing right, that is, the right to be born and to grow met, and yes even to protest and be protected and respected. These very same individuals are those who demand that other individuals (babies

are without rights and have had their right denied. Why? How? The how is easy to explain the why much harder.

The why this has been permitted to happen is because at a point in early to mid-20th century (last century) the contraceptive pill was introduced which was the first open rejection of child. Following the open rejection of a conceived child a slow introduction of a refusal of a child which inconveniently implanted in its mother's womb but she didn't want it. So slowly the wheels of change began to turn to accommodate such eventualities. And loud female voices began to demand a right to do with their body what they wanted. Irrespective of the fact

that the conceived also had a body which he/she could not protect and was left at the mercy of the woman's decision.

It can be easily seen that with the general acceptance of the contraceptive pill and devices and their rejection of a child, it was understandable and conceivable that the next step would have been a more open rejection of child even if it meant its death.

I am of the age that remembers the practice of vivisection and the horror felt by all those who saw the suffering of the animals being experimented upon and the huge relief when in some nations this practice was outlawed and modified in others. Animal cruelty has many who ensure this does not happen and yet the growing of a human child for experimentation is acceptable? Is the human child the new animal? Is organ harvesting from living adults and children humane and protecting of human beings?

Is the selling of aborted infant body parts for experimentation and profit humane and respecting of human life?

Is the lack of loud loud noise to protect the child and its mother from pain and future anguish respecting of human life?

In our day of technology unlike any other time. In a time of good life. In our time of much we have been party to getting all our "goods" via the scapegoating phenomenon.

We have much because infants in the womb, innocent, vulnerable, dependant, have been made scapegoats for a society which has lost its way. A society which has much and to those who have much given to them much will be demanded of them.

Much will be demanded of us because we have been given much at the expense of the most important resource given to us and our rejection of it. Life.

The death of infants in the womb resulted from a new society whose morality slowly declined just as love for innocence and life declined.

The children die and mothers change forever because the message given is that there is no one to answer to. There is nothing but my pleasure. There is nothing and no one but me who matters.

We are hearing again non servium.

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#### Thank You

Dear Friends, I would like to thank all the many many supporters and readers who responded to my last newsletter. The anniversary issue. Please accept this as my thank you for your very very kinds words and wishes.

Many asked why I never wrote about the "other" work that I but it seemed to me that all the work I do is part of the whole.



Dear Anne,

I hope that you are keeping well in these challenging times.

Thank you for your commitment and the wonderful work you do for victims of abortion.

This is a very special ministry.

Best wishes

James L (Vic)

Thank you, James so much, I appreciate your care.

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Dear John and Jane,

Thank you for your lovely letter and donation I so much appreciate your care. Hope you and John and young ones had a lovely Easter and no sore tummies because of too many Easter eggs.

Love and hugs to all family and Hi to Mum and dad.

God Bless you all

Anne

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Dear Anne

Thank you for all the work you and sharing your life and work journey with us.

At the end of your sharing, you said that "nothing amazing" My dear if what you shared is not amazing then I don't know what it is.

When the good Lord gave you this job to do you have managed to do it well and I'm sure He is pleased.

Even the awesome task of writing 142 issues of newsletter is a mammoth job and by the way always informative, helpful and much looked forward to.

Thank you for keeping me on your newsletter list and please I encourage you to keep going as long as you can.

Enclosed a small donation towards that end.

Blessings dear,

Carol K. (WA)

Thank you, Carol, I appreciate your kind words and encouragement. There have been a few who weren't happy with what I wrote and left but that's OK I can't expect to please everyone.

Keep well and safe

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Dear Anne,

Thank you for recent communication. It was most interesting. Thank you for sharing the ways in which Our Loving Lord has touched you on your journey of faith.

May your healing work be abundantly blessed as 2021 unfolds for all of us Praying in the Risen Lord.

Fr Gerard D. Vic

Thank you for your kind words and prayers dear Father Gerard. I appreciate your care so much.

God bless you also dear Father.

Anne

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Hope this donation is helpful. I love receiving and reading Broken Branches. I always pray for the babies and everyone involved. I'm saddened by the millions of babies aborted its beyond comprehension.

Thank you for sending me your book Hidden Pain it touched me very much for those who suffer this abuse.

Thank you for the work you do and after having received issue 42 I now can see how God has worked through and in you.

God bless you always

Carol. (Vic)

Thank you, Carol, for your very kind comments. Yes, the book can be confronting but the topic is very important. Anne

Dear Anne.

Thank you for all the important work you. May the Lord give you and your family his richest blessings.

Kind regards

Maree W.

Dear Maree, please accept this as my thank you for your kind donation as I couldn't find you name on newsletter list.

Thank you for your care.

God bless

Anne

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Dear Anne,

It was so amazing reading you newsletter and your sharing of your journey of abortion grief and your work.

I wouldn't have known anything or any of those things you mentioned because I only thought that you just counselled and wrote newsletter. I wouldn't have thought about other things thinking that you are busy enough.

I am very proud to have known you and to support you in the little that I

I hope that you will be able to continue for a while yet even though I m hearing you sound tired.

Keep safe from the virus and God bless you.

Anna K.

Vic.

Hi Anna, so lovely to hear from you and thank you for all your support. You know I have appreciated it.

Yes, I do a few different things and hope I have achieved some of what I set out to do. Not only reconcile mothers and their babies but also very importantly public education about abortion pain and grief.

That was something I really wanted to do but as I look around and see the laws against life passed almost all around the world, I weep for the society which will emerge. Post abortive women will hurt and the hurt will affect families and inter-generational grief will become a normal.

Anyway, keep well and be safe from that unseen enemy of ours Cvd19.

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Dear Anne,

I just want to thank you for your bulletin which you have sent to me for many years and which I have enjoyed reading and discussing with friends of mine over a cuppa.

When we met just after receiving you last issue, we were amazed at what we read. All the things that you had done as part of your job and yet you had not said anything about them. That's humility.

My friends and myself pray for you and your girls and your work and hope that you will be able to continue for a while yet.

We have followed your health problems and the death of your beloved son Mark and prayed for you.

So please keep going as long as you can and when you can God will bless for the work you have already done.

Bless you very much

Karen, Jane, Diane, Clare.

Thank you, precious friends. I very much appreciate your care for me. Anne

My speaking at conferences and groups and meetings and schools and even parliamentarians is all part of the project I set for myself when I started.

My biggest desire was that I could make a difference and to do this was not only the counselling aspect but also the public education aspect.

To this end I wrote letters to editors, articles for publishing, speaking wherever I was invited to speak, even sitting next someone on train!!!

My speaking internationally emerged as result of other talks and writings.

I particularly remember a talk in London (Kings College) which I loved to do because it was a totally secular conference and I was able to speak to grief workers whose names I have referenced in my own writings.

Individuals who I was in awe of and yet they listened and several came and spoke to me privately after the conference. These were professors and lecturers on grief who agreed that post abortion grief does exist and is real You can imagine that that encouraged me very much.

I have very much enjoyed speaking at medical conferences, Counselling conferences, life conferences.

In later times I also spoke in Europe about sexual abuse of children in family. I feel this is something ready to explode. We have recently heard about abuse by all manner of professionals and religious but the family issues which is enormous has not emerged. Yet. This is where the most work will be needed because children and later adults who have been thus abused have been ignored. To them there seems to be the thought that their abuse does not matter.

Their abuse is no different than other except that it cannot be spoken about.

In my counselling experience I have heard many many stories of this abuse in childhood and how it has affected all of life.

My hope is that there will be others who will arise and take over the post abortion and sexual abuse work as I take my break in a little while to come.

One of the things I would like mention which I forgot in last newsletter, and something I am proud of very much, is that I know that there are 23 children walking around because I helped their mother. From ages 17yrs old down 4rsold and in between.

I thank God I was able to do it and I hope the Lord has forgiven me for the two "gifts" I returned back to him "unopened".

Thank you for your ongoing support of this work I could never have done it on my own.

Bless each and every one of you and much love from me to you. Anne

As I come to end of this newsletter, I hope you like this one as much as previous one. I tackled the pornography topic because I am dealing with a client with three children and her husband who has introduced the issue of pornography into their marriage and her horror at such a thought. And of course, the other doubts, emotions, fears which have surfaced. Please pray for her and her family and that her husband might agree to counselling which at the moment he is not willing to.

Thank you to those who have sent donation to keep the work going. I always appreciate your care.

Please continue to pray for me and health and for Fran, Belle, Sarah, Sharyn, Toni, Bec, Natalie, (lots) Matt (lots) Julie, Chris (lots) Thea, Jill.

Till we meet again May the Lord bless and Keep you in His care.

Anne

#### **Anne Lastman**

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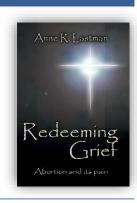
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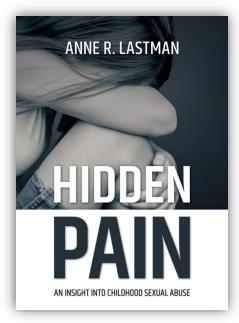
### **CLEARANCE!**

There is a limited number of the first edition of Redeeming Grief to be cleared at a reduced priced of \$10.00 including postage within Australia.

If you or anyone you know may be interested, please pass this on to help me clear them.

AUD \$10.00 (Including free postage within Australia)





HIDDEN PAIN is written about memories which are hidden and cannot be spoken out loud. It is a book about shame, pain, sorrow and lives which have gone wrong both for victims, families, and perpetrators. Sexual abuse of children is common in all communities, in all societies, and yet it's still one of the last remaining taboos. It is something which cannot be spoken about because it's so awful, so inappropriate that it cannot be discussed. Yet discussed it must be, because the children are crying and pleading to be helped.

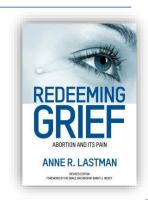
This is not a step by step guide to dealing with abuse. It is the result of my engagement with those who have come to me originally for post abortion counselling and on further investigation it was found that abuse (especially in cases of multiple abortions) existed in their history. It is my hope that HIDDEN PAIN can be of help to those who read it and more so be vigilant and not to turn away when a child is suffering.

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